

Knights Softball Camp 2009



Softball Skills Camp

July 20th – 23rd



9:30am to 1:00pm



Darrell Shell Park

Camp Overview

The Knights Softball Camp is open to girls ages 7-13 of all ability levels. Each participant will be given instruction in offensive and defensive fundamentals and put those skills to use in game-type situations.

Staff

The Knights Softball Camp staff includes the Cave Spring High School head coach, Lindsey Moore, former Cave Spring High School head coach, Beth Mast, Knights Softball Staff and Knights Softball Players.

Camp Information

- When: June 20th – 23rd
- Time: 9:30am to 1:00pm
- Where: Darrell Shell Park
- Cost: \$85.00 (non-refundable) – includes a camp t-shirt
- No application will be accepted after July 17th.
- The camp may move inside in the case of inclement weather. Please call the CSHS hotline for updated camp information at 224-8522.

Camp Requirements

- Each camper will need to bring all necessary equipment to play including but not limited to their glove and cleats.
- Each camper should bring a pair of pants each day for instruction in sliding and diving.
- All catchers must bring their own gear.
- Campers should bring a bag lunch including a drink and a water bottle for each day.

Knights Softball Camp Registration

Camper's Name: _____

Age (as of 7/20/09): _____ Grade: _____

Address: _____

City: _____ St: _____ Zip: _____

Email Address: _____

Name of Parent/Guardian: _____

Daytime Phone: _____

Cell Phone: _____

_____ has my permission to participate in the Knights Softball Camp. I release Coach Lindsey Moore, The Knights Booster Foundation, Cave Spring High School, and all staff members from any and all liability due to injury or illness suffered by the camper during or related to participation as a camper at the Knights Softball Camp. I also authorize the staff of the Knights Softball Camp to seek whatever medical assistance they deem necessary in the event of an emergency.

Insurance Information: _____

Parent/Guardian Signature: _____

Please make checks payable to Knights Booster Foundation and mail with registration form before July 17th to:

**Lindsey Moore
7460 Fernway Drive
Roanoke, VA 24018**